Diagnosed with very high triglycerides?

DISCOVER VASCEPA®
(icosapent ethyl)
available as: 1-gram or 0.5-gram capsules

Get more information about triglycerides and VASCEPA at www.VASCEPA.com.
You have been given a diagnosis of very high triglycerides. This brochure will give you some important information about what that means.

**What are the causes of very high triglycerides?**

- **Diet**—what you eat and drink affects triglycerides, especially carbs and alcohol
- **Genetics**—people with a family history of high triglycerides may be more likely to develop them
- **Medical conditions**—some can change how you process food (such as diabetes)
- **Certain drugs**—including steroids, estrogen tablets, and blood pressure medications
- **Lack of exercise**—not getting exercise can impact triglycerides

**Why are triglycerides important?**

**APPROXIMATELY 3.4 MILLION AMERICANS** have very high triglyceride levels (≥500 mg/dL). A simple blood test can tell you what your triglyceride levels are.

Like cholesterol, triglycerides (fat in the blood) are used by the body in normal amounts to ensure good health. However, very high levels of triglycerides, like high levels of cholesterol, may lead to serious health problems.
WHY TAKE VASCEPA FOR YOUR VERY HIGH TRIGLYCERIDES?

• **VASCEPA** is the only product purified from fish oil that contains only the omega-3 EPA
  - Other fish-oil products may contain both EPA and another omega-3 DHA, which can raise levels of bad cholesterol (LDL-C) in some patients

• **VASCEPA** is a prescription product that was proven in a clinical trial to lower triglyceride levels without raising bad cholesterol because it only contains EPA
  - It has also been shown to reduce high amounts of other types of fat in the blood

• **VASCEPA** is FDA-approved and made following strict quality-control standards

What are the possible side effects of VASCEPA?

• The most common side effect of VASCEPA is joint pain

In a clinical study, no patients taking VASCEPA 4 grams/day reported "fishy taste" or "fishy burps"*

*MARINE trial, as compared with placebo.

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Talk to your doctor if you have a side effect that bothers you or does not go away.
HOW DO YOU TAKE 4 GRAMS A DAY OF VASCEPA?

You have a choice!

Two 1-g capsules twice a day with food or Four 0.5-g capsules twice a day with food

VASCEPA should be taken twice a day with food.

As with all drugs, you may experience a serious side effect when taking VASCEPA.

You may report side effects by calling 1-855-VASCEPA or the FDA at 1-800-FDA-1088.

Please see additional Patient Information on the other side. For more information, please visit www.VASCEPA.com.
CAN I JUST TAKE FISH-OIL DIETARY SUPPLEMENTS INSTEAD?

Unlike VASCEPA, fish-oil dietary supplements are not approved to treat medical conditions.

In fact, fish-oil supplements are

- **NOT “over-the-counter” drugs**—the FDA does not confirm efficacy and safety before they are sold to patients, which leads to uncertainty about effectiveness at lowering triglycerides

- **Loosely regulated**—do not have to meet strict FDA drug standards

- **Likely to contain unknown ingredients**—studies have shown many supplements contain lower amounts of omega-3 than what’s listed on the label, and they may contain unknown ingredients

- **Up to one-third saturated fat**—a study showed some supplements may contain up to one-third saturated fat

- **Possibly a cause of increased bad cholesterol**—many contain DHA, which can raise bad cholesterol levels in some patients

- **Possibly spoiled**—if fish oil is exposed to air during poor manufacturing conditions, it may result in an unpleasant odor

- **Not enough**—omega-3 fish-oil supplements can be expensive because it could possibly take 10 to 40 capsules a day to equal the 4 grams per day of EPA found in VASCEPA

- **More costly than a prescription**—using dietary supplements could cost more than the $9† monthly copay with the VASCEPA Savings Card
PATIENT INFORMATION

VASCEPA (pronounced vas-EE-puh) (icosapent ethyl) Capsules

The risk information provided here is not comprehensive. To learn more, talk about VASCEPA with your healthcare provider or pharmacist. Read this Patient Information before you start taking VASCEPA and each time you get a refill. To read the FDA-approved product labeling, go to www.VASCEPA.com and click on prescribing information or call 1-855-VASCEPA. This information does not take the place of talking with your healthcare provider about your medical condition or your treatment.

What is VASCEPA?

VASCEPA is a prescription medicine used along with a low-fat and low-cholesterol diet to lower high levels of triglycerides (fats) in adults.

• It is not known if VASCEPA changes your risk of having inflammation of your pancreas (pancreatitis).
• It is not known if VASCEPA prevents you from having a heart attack or stroke.
• It is not known if VASCEPA is safe and effective in children.

Who should not take VASCEPA?

• Do not take VASCEPA if you are allergic to icosapent ethyl or any of the ingredients in VASCEPA. See the end of this leaflet for a complete list of ingredients in VASCEPA.

What should I tell my doctor before taking VASCEPA?

Before you take VASCEPA, tell your doctor if you:

• have diabetes.
• have a low thyroid problem (hypothyroidism).
• have a liver problem.
• have a pancreas problem.
• are allergic to fish or shellfish. It is not known if people who are allergic to fish or shellfish are also allergic to VASCEPA.
• are pregnant, or planning to become pregnant. It is not known if VASCEPA will harm your unborn baby.
• are breastfeeding or plan to breastfeed. VASCEPA can pass into your milk, and may harm your baby. Talk to your doctor about the best way to feed your baby if you take VASCEPA.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and dietary or herbal supplements.

• VASCEPA can interact with certain other medicines that you are taking.
• Especially tell your doctor if you take medicines that affect your blood clotting (anticoagulants or blood thinners).
• Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

How should I take VASCEPA?

• Take VASCEPA exactly as your doctor tells you to take it.
• Do not change your dose or stop taking VASCEPA without talking to your doctor.
You should not take more than eight 0.5-gram or four 1-gram capsules of VASCEPA each day. Do not take more capsules than what is prescribed by your doctor.

Take VASCEPA capsules whole. Do not break, crush, dissolve, or chew VASCEPA capsules before swallowing.

If you miss a dose of VASCEPA, take it as soon as you remember. However, if you miss one day of VASCEPA, do not double your dose when you take it.

Your doctor may start you on a diet that is low in saturated fat, cholesterol, carbohydrates, and low in added sugars before giving you VASCEPA. Stay on this diet while taking VASCEPA.

Your doctor may do blood tests to check your triglyceride and other lipid levels while you take VASCEPA.

What are the possible side effects of VASCEPA?

- If you have liver problems and are taking VASCEPA, your doctor should do blood tests during treatment.
- The most common side effect of VASCEPA is joint pain. As with all drugs, you may experience a serious side effect when taking VASCEPA. Talk to your doctor if you have a side effect that bothers you or does not go away.
- This is not the only side effect of VASCEPA. For more information, ask your doctor or pharmacist.
- Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store VASCEPA?

- Store VASCEPA at room temperature between 68° to 77° F (20° to 25° C).
- Safely throw away medicine that is out of date or no longer needed.

General information about the safe and effective use of VASCEPA.

Medicines are sometimes prescribed for purposes other than those listed in Patient Information Leaflets. Do not use VASCEPA for a condition for which it was not prescribed. Do not give VASCEPA to other people, even if they have the same symptoms you have. It may harm them.

This Patient Information summarizes the most important information about VASCEPA. If you would like more information, talk with your doctor or pharmacist. You can ask your doctor or pharmacist for information about VASCEPA that is written for health professionals.

For more information, go to www.VASCEPA.com or call 1-855-VASCEPA (1-855-827-2372).

What are the ingredients in VASCEPA?

Active Ingredient: icosapent ethyl

Inactive Ingredients: tocopherol, gelatin, glycerin, maltitol, sorbitol, and purified water
YOU CAN SAVE MONEY ON YOUR VASCEPA PRESCRIPTION!

Ask your doctor for more information or go to www.VASCEPA.com.

Pay As Little As $9* per monthly fill.

Expiration Date: 12/31/2017

With the VASCEPA Savings Card, you may pay as little as $9† per monthly fill. This could save you up to $70 per month. The $70 benefit counts toward your annual prescription deductible.

In order to redeem this offer, you must have a valid prescription for VASCEPA. Follow the dosage instructions given by your doctor.

This card may not be redeemed for cash. Cardholders with questions, please call 1-855-497-8462.

Patient: Bring this brochure with you to the pharmacy when you fill your VASCEPA prescription.

Pharmacist: Universal Pharmacy Card (UPC) may be applied for any eligible patient by entering all 4 codes into your system.

† Prescriber ID# required on prescription. Not for use by residents of VT, nor medical professionals licensed in VT. May not be used to obtain prescription drugs paid for by Federal or State Healthcare Programs including Medicare Part D excluding Federal & State Health exchanges. This offer is not valid for those patients under 18 years of age. Void where prohibited by law.

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